

My Promise, My Faith

Christianity & the Girl Scout Law

“Respect Myself and Others”

Golden Rule

- **Matthew 7:12 (New Living)** → Do to others whatever you would like them to do to you. This is the essence of all that is taught in the law and the prophets.

The 10 Commandments

- **Exodus 20:12 (New Living)** → Honor your father and mother. Then you will live a long, full life in the land the Lord your God is giving you.
- **Martin Luther's Small Catechism** → Regarding the commandment, “You shall not bear false witness against your neighbor.” We should love and fear God, and so we should not tell lies about our neighbor, nor betray, slander or defame them, but should apologize for them, speak well for them, and interpret charitably all that they do.

Love each other

- **John 13:34-35 (New Living)** → (Jesus said:) So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples.
- **Matthew 22:36-40 (NRSV)** → “‘Teacher, which commandment in the law is the greatest?’ He said to him, ‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is like it: ‘You shall love your neighbor as yourself.’ On these two commandments hang all the law and the prophets.”

Do not judge others

- **Luke 6:37-38 (NRSV)** → “Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.”

Respect all people

- **1 Peter 2:17 (Inclusive)** → “Respect all people. Love the family of believers. Stand in awe before God. Honor the ruler.”
- **1 Thessalonians 5:12-13 (Inclusive)** → “We ask you, sisters and brothers, to respect those who labor among you, who have charge over you in Christ as your teachers. Esteem them highly, with a special love because of their work.”
- **1 Corinthians 12:24-27 (NRSV)** → “God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now, you are the body of Christ, and individually members of it.”

Love your enemies

- **Matthew 5:43-48 (New Living)** → “You have heard the law that says, ‘Love your neighbor and hate your enemy. But I say, love your enemies! Pray for those who persecute you! In that way, you will be acting as true children of your Father in heaven. For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike. If you love only those who love you, what reward is there for that? Even corrupt tax collectors do that much. If you are kind only to your friends, how are you different from anyone else? Even pagans do that. But you are to be perfect, even as your Father in heaven is perfect.”

We are Called (hymn)

Shine with the joy and the love of the Lord!
We are called to be light for the kingdom,
To live in the freedom of the city of God!
We are called to love tenderly.
We are called to serve one another,
to walk humbly with God.
Show your mercy to all those in fear!
We are called to be hope for the hopeless,
So all hatred and blindness will be no more!
Sing of that great day when all will be one!
God will reign and we'll walk with each
other as sisters and brothers united in love!

My Promise, My Faith

Quotes by Women about Respect

We should all consider each other as human beings, and we should respect each other.

~Malala Yousafzai

I'm always pushing for human responsibility. Given that chimpanzees and many other animals are sentient and sapient, then we should treat them with respect.

~Jane Goodall

I respect myself and insist upon it from everybody. And because I do it, I then respect everybody, too.

~Maya Angelou

Women absolutely deserve respect.

~Aretha Franklin

It is justice and respect that I want the world to dust off and put – without delay, and with tenderness – back on the head of the Palestinian child. It will be imperfect justice and respect because the injustice and disrespect have been so severe. But I believe we are right to try.

~Alice Walker

Once you appreciate one of your blessings, one of your senses, your sense of hearing, then you begin to respect the sense of seeing and touching and tasting, you learn to respect all the senses.

~Maya Angelou

There is always the danger that we may just do the work for the sake of the work. This is where the respect and the love and the devotion come in – that we do it to God, to Christ, and that's why we try to do it as beautifully as possible.

~Mother Teresa

Barack and I were raised with so many of the same values, like you work hard for what you want in life. That your word is your bond; that you do what you say you're going to do. That you treat people with dignity and respect, even if you don't know them and even if you don't agree with them.

~Michelle Obama

Respect is appreciation of the separateness of the other person, of the ways in which he or she is unique.

~Annie Gottlieb

Ways to Respect Myself, Others, and God

Using three different color beads, place the beads on this worksheet in the following order:

First color: one way I promise to respect myself
Second color: one way I promise to respect others
Third color: one way I promise to respect God

Pick up litter and dispose of it properly	Dance to a song I enjoy	Stand up for a friend who is being teased
Name 3 things I am grateful for	Pursue activities that I am passionate about	Take care of my belongings
Make a new friend	Tell my parents how I am feeling	Greet someone with a smile
Donate food or toys to someone in need	Listen when someone is talking to me	Remind myself that I am loved
Take care of my body / brush my teeth	Say a prayer	Take care of my pet / animals
Take a deep breath and notice how I am feeling	Exercise my body doing an activity I like	Read the Bible / sacred text
Ask a friend how they are and actively listen to their response	Do my chores	Offer to help a neighbor
Be polite / say please and thank you	Give someone a compliment	Be honest / don't lie