

# Family Sunday School Easter Lesson



## Introduction:

The Season of Easter begins today! Alleluia! To complement all of your family's usual traditions, here are just a couple ideas for activities to make your Easter extra meaningful.

### Easter Sunday Treat! Resurrection Rolls

Get your kids together in the kitchen to help bake a tasty treat that will illustrate the Resurrection. These Resurrection Rolls are simple to make, but contain a powerful message.

Ingredients: crescent rolls, large marshmallows, sugar, cinnamon, and butter.

Give each child one triangle shaped section of a crescent roll, which represents the tomb. Then give them each a marshmallow- this represents the body of Christ. Next, dip the marshmallow in the butter and roll in the cinnamon and sugar mixture to represent the oils and spices the body was anointed with for burial. Lay the marshmallow on the dough and carefully wrap it around the marshmallow. When the rolls are done baking, they are empty inside... just like Jesus' tomb!



## **Watch Together**

### **“The Miracle Worker”**

Some movies of Jesus’ death can be graphic and scary for children. Still, since the cross is central to our Christian faith, we don’t want to shy away from or skip over it. The Miracle Maker does a great job of telling (and showing) to kids what happened during Jesus’ last days. It sticks closely to the Gospel of Luke and makes the story “come alive”, without too graphic a portrayal of the details.

Watch it here on YouTube: [https://www.youtube.com/watch?v=Vm\\_uHE1956I&t=4644s](https://www.youtube.com/watch?v=Vm_uHE1956I&t=4644s) (or on YouTube on TV, search “The Miracle Maker.”)

### **Discuss**

*Ask:* Think about the title of the film – The Miracle Maker. Is the title appropriate for the film? Why do you think the company chose the title?

*Ask:* Choose one major character from the film. Imagine you are a chat show host and that person has been invited on to your show. Think of the questions you would ask her/him.

*Ask:* Think of your favourite section of the film or the section you found most interesting. Think about that part in the Bible. How similar to the text was the film?

*Ask:* There were parts added to the film that are not in the Bible. Do you think they added important ideas to the film?

### **Pray**

Thank God for Jesus and everything he did, including healing people, teaching us how to love people and, especially, dying on the cross for us.

## **Take a Moment to Breathe**

### **Resurrection Breath**

This is a breath to try when you first get out of bed. Deeply inhale. While holding that inhalation, turn your head to one side. Exhale in two quick breaths (haa, haaa). Turn your head back to center. Inhale your “first real” breath to mark the beginning of your day.